

Table of Contents

Contents

Foreword

Acknowledgements

List of Contributors

Section I Foundations of Integrative Nursing

Chapter 1 Concepts and Principles of Integrative Nursing

Chapter 2 Integrative Nursing and Caring Science: Universals of Human Caring and Healing

Chapter 3 Integrative Nursing and Person-centered Care

Chapter 4 The Integrated Nurse: Way of the Healer

Chapter 5 Integrative Nursing and Planetary Health

Section II Optimizing Wellbeing through Integrative Nursing

Chapter 6 Advancing Wellbeing in People, Organizations, and Communities

Chapter 7 Integrative Nursing and Care of the Human Spirit

Chapter 8 Facilitating Lifestyle Change and Health Coaching

Chapter 9 Stress, Resilience, and Wellbeing

Chapter 10 Precision Health and Integrative Nursing

Chapter 11 Movement and Integrative Nursing

Chapter 12 Nutrition and Integrative Nursing

Section III Symptom Management and Integrative Nursing

Chapter 13 Integrative Nursing Practice

Chapter 14 Integrative Nursing Management of Nausea

Chapter 15 Integrative Nursing Management of Sleep

Chapter 16 Integrative Nursing Management of Anxiety

Chapter 17 Integrative Nursing Management of Intestinal Disturbances

Chapter 18 Integrative Nursing Management

Chapter 19 Integrative Nursing Management of Fatigue

Chapter 20 Integrative Nursing Management of Pain

Chapter 21 Integrative Nursing Management of Cognitive Impairment

Chapter 22 Integrative Nursing Management of Grief

Chapter 23 Nursing as an Integrative Healthcare Profession

Section IV Applying Integrative Nursing in Diverse Clinical Settings and Populations

Chapter 24 Whole Systems Leadership and Healing

Chapter 25 Creating Optimal Healing Environments for All

Chapter 26 Building an Integrative Health Program

Chapter 27 Growth and Development of Hospital-based Integrative Health

Chapter 28 Integrative Health and Integrative Nursing in a Healthcare System

Chapter 29 Integrative Nursing in a Pediatric Blood and Marrow Transplant Program

Chapter 30 Integrative Nursing in the Community

Chapter 31 Integrative Nursing and Mental Health

Chapter 32 Integrative Nursing in Senior Living

Chapter 33 Integrative Nursing: Palliative Care and End-of-Life

Chapter 34 Integrative Nursing and the Environment

Chapter 35 Integrative Nursing and Informatics

Chapter 36 Integrative Nursing Education

Chapter 37 Pre-Licensure Education for Integrative Nursing

Chapter 38 Graduate Nursing Education for Integrative Nursing

Chapter 39 Continuing Professional Development for Integrative Nursing

Section V Integrative Nursing Around the Globe

Chapter 40 Integrative Nursing and Global Health

Chapter 41 Integrative Nursing in Germany

Chapter 42 Integrative Nursing in Turkey

Chapter 43 Integrative Nursing in Ireland

Chapter 44 Integrative Nursing in Iceland

Chapter 45 Integrative Nursing in Sweden

Chapter 46 Integrative Nursing in China

Chapter 47 Integrative Nursing in Israel

Chapter 48 Florence Nightingale's Legacy for the 21st Century: Global Activism, Advocacy, and Transformation

Chapter 49 Conclusion: Gazing with Soft Eyes: Envisioning a Responsive, Integrative Healthcare System