

Table of Contents:

Unit 1: Health Care Recipient Concepts

Theme: Attributes and Resources

1. Development
2. Functional Ability
3. Family Dynamics

Theme: Personal Preference

4. Culture
5. Spirituality
6. Adherence
7. Self-Management

Unit 2: Health and Illness Concepts

Theme: Homeostasis and Regulation

8. Fluid and Electrolytes
9. Acid-Base Balance
10. Thermoregulation
11. Sleep
12. Cellular Regulation
13. Intracranial Regulation
14. Hormonal Regulation
15. Glucose Regulation
16. Nutrition
17. Elimination
18. Perfusion
19. Gas Exchange
20. Clotting

Theme: Sexuality and Reproduction

21. Reproduction
22. Sexuality

Theme: Protection and Movement

23. Immunity
24. Inflammation
25. Infection
26. Mobility
27. Tissue Integrity
28. Sensory Perception
29. Pain
30. Fatigue

Theme: Resilience

31. Stress
32. Coping

Theme: Mood and Cognition

33. Mood and Affect
34. Anxiety
35. Cognition
36. Psychosis

Theme: Maladaptive Behavior

37. Addiction
38. Interpersonal Violence

Unit 3: Professional Nursing and Health Care Concepts

Theme: Nursing Attributes and Roles

- 39. Professional Identity
- 40. Clinical Judgment
- 41. Leadership
- 42. Ethics
- 43. Patient Education
- 44. Health Promotion

Theme: Care Competencies

- 45. Communication
- 46. Collaboration
- 47. Safety
- 48. Technology and Informatics
- 49. Evidence
- 50. Health Care Quality

Theme: Health Care Delivery

- 51. Care Coordination
- 52. Caregiving
- 53. Palliative Care
- 54. Health Disparities

Theme: Health Care Infrastructure

- 55. Health Care Organizations
- 56. Health Care Economics
- 57. Health Policy
- 58. Health Care Law