Basics of Musculoskeletal Ultrasound

James M. Daniels • William W. Dexter Editors

Basics of Musculoskeletal Ultrasound

Second Edition



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Preface

It's hard to believe that it's been almost a decade since the first edition of *Basics of Musculoskeletal Ultrasound* was published. Dex thought it was time for an update, and he was right! Point of Care Ultrasound (POCUS) has profoundly changed the way we diagnose and treat musculoskeletal conditions and sports-related injuries. This technology decreases the cost and the time needed to make a diagnosis while increasing our accuracy several fold. POCUS has brought "the joy of practicing medicine" back to both clinicians and patients through its inherent "therapeutic touch." What is even more amazing is the impact it has made on how we train students, residents, and fellows. They no longer memorize two-dimensional anatomy. They experience three-dimensional physiology and pathology.

This edition would not be possible without the hard work of the chapter authors (both new and old): Linda Savage, Tracy Marton, and Debbie Cramsey. This took a bit longer than expected as we hit a few bumps on our journey. While we were working on this project, both Dex's mother and my mother passed. My mother was my first and greatest teacher. . . I am sure Dex feels the same way about his mother.

This book is completed in their memory. They may be gone from us physically, but they will forever live in our hearts.

Quincy, IL, USA James M. Daniels

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James M. Daniels

Many thanks to my fellows, past and present, who give me direction and purpose and joy in what I do. I hope that this second edition will help bring this game-changing technology to a new group of clinicians. Aimee K – your help and patience with me as we re-illustrated this edition went above and beyond – thank you. And, as always, to my talented and patient wife, Cindy, for bearing with me through all the editing. And to our children, Ben, Sam, and Hannah, on whom I practiced my ultrasound skills and with whom I will now surely move on to the next adventure.

William W. Dexter

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